



Healthy mouth,  
healthy body

blue<sup>®</sup>m  
nature based oral science

# Nature based oral science

A healthy mouth is essential for a healthy body. But how do you best ensure a natural balance in your mouth?

Your body is the ultimate smart system. It is all about the right balance, right nutrition, enough exercise and the right oral care. Are you ready for the **revolution in oral care?**

In medicine it has been known for centuries that **oxygen** plays a key role in almost every step of the **wound healing process**. The slow release of oxygen in the mouth happens to be **the secret of blue®m**.

Inspired by nature, oral surgeon Peter Blijdorp and his team have developed a special, **clinically proven** oral care brand. Especially for people with dental implants, problems in the mouth or just for people who choose the very best day-to-day oral care.





*Xylitol*



*Honey*



# Complete oral care based on oxygen

Since your mouth is the beginning of the digestion system, it is essential for your overall health. Take care of yourself and choose **a new oral care regime**, a better and more complete oral care, inspired by nature. Recommended worldwide by the best dentists and dental hygienists.

## Dental chewing gum

With manuka honey and xylitol, helps to keep teeth clean and stimulates saliva production. Complements your daily oral care.

## Mouth spray

Feel confident with a fresh breath. Mouth spray with oxygen prevents bad breath. Instant freshness on the go!

## Oral foam 'on the go'

The solution for cleaning your braces and clear aligners, for example after lunch. Or cleaning your mouthguard, just before the game.

## Oral foam 'at home'

This nurturing oral 'mousse' is not only used for an optimal condition of your mouth, but also to clean your braces, clear aligners or dentures.



### Mouthwash

Fresh mouthrinse to optimise your daily routine. Rinse twice a day to improve the condition of your gum. Without alcohol and fluoride.

### Oxygen Fluid 'oral wound support'

Neutral mouthwash especially for the sensitive mouth. Ideal for wounds in the mouth, after implantation, tooth extraction, chemo or ill-fitting dentures.

### Toothpaste

Special toothpaste with oxygen for the best care of teeth and gums, available with and without fluoride. We always recommend a fluoride-free toothpaste for the daily care of implants.

### Oral gel 'oral wound support'

This special gel locally increases the oxygen saturation. Ideal for wounds in the mouth, after implantation, tooth extraction, chemo or ill-fitting dentures.

### Ultra-soft toothbrush

Surgical toothbrush, which is also very suitable for day-to-day oral care. Recommended by implantologists and dental surgeons.

### Tongue Scraper

Easy 2-step tongue cleaning, suitable for any size and shape of tongue.

### Teeth & bone supplement

Because brushing and rinsing is not enough, you can use our high-quality nutrition supplement for strong bones and teeth. It contributes to successful dental treatment.









# Daily use of oxygen, not only in case of oral problems

Research has shown that nearly all processes and illnesses can be linked to oxygen deficiency.

That's why you'll need oxygen, **both now and in the future**. You can't start early enough with the right oral care. Make it a ritual based on focus and attention, and help each other!

Because **day-to-day oral maintenance** starts in the morning and ends just before going to bed, blue®m has a solution for every moment of the day. For home usage and on-the-go.

The special 'oral wound support line' is developed for **specific oral problems** such as peri-implantitis, periodontitis and gingivitis. The daily oral care product line containing oxygen can also be used as a support to improve the condition of the mouth.

# Our mission

It is our mission to **help as many people as possible**, especially those who suffer from oral problems.

We are pursuing the journey of our founding founder, oral surgeon Peter Blijdorp. He only wanted one thing for his patients: the fastest possible recovery with as little pain as possible.

He is now retired, but still **driven to help people and solve problems**. Team blue<sup>®</sup>m has taken over his stride. We are working passionately every day, not only from The Netherlands, but from many big cities in the world, to continue his life's work.

Striving to create a better and healthier world. **Are you willing to join us?**



*Peter Blijdorp*

[www.bluemcare.com](http://www.bluemcare.com)

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